

# BeautyH2T



Beauty from Head to Toe

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## Edinburgh Reviewed; The Hydrafacial at Beyond Medispa



If you are anything like me, you spent your festive season stuffing as many quality street as is humanly possible into your mouth while washing it down with some kind of booze. All fun and games at the time- my tight jeans now however beg to differ but more annoyingly to me is the state it has left my skin in. I generally don't eat much sugar or dairy as not only does it play havoc on my stomach but it appears almost instantly on my face in the form of deep under skin bumps. The Skincare gods must have been looking down upon me then as the team at **Beyond Medispa** got in touch to invite me along to try out the Hydra Facial at their Edinburgh branch just when my poor face needed it the most.

Nestled on the second floor of Harvey Nics ( which worryingly means you have to traverse some amazing looking goodies to get there.....) the Beyond Medispa specialises in medical and aesthetic treatments for the face and body which means if you are looking for panpipes and candle light this is not the place for you. If you are looking for cutting edge technology and treatment options however this is well worth checking out.



BEAUTYH2T

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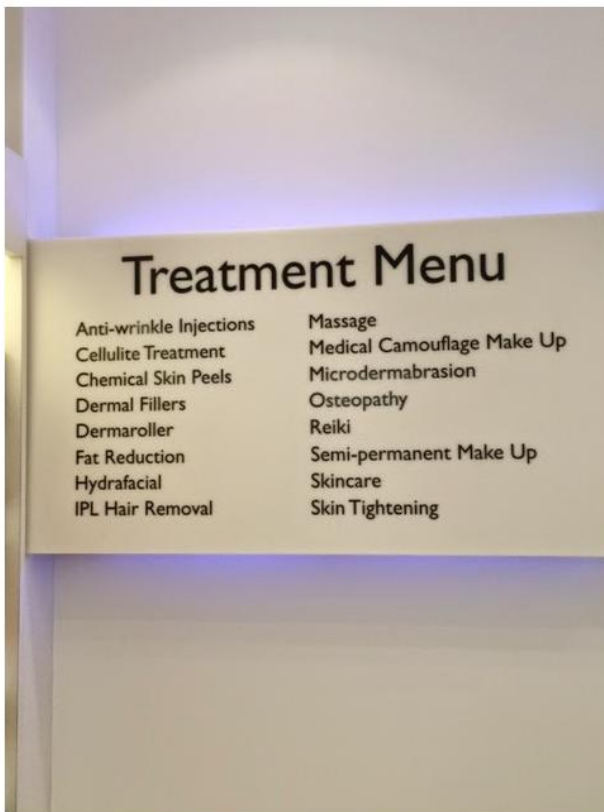
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This facial was certainly different to anything I have had before thanks to the super futuristic looking vortex-fusion technology which is basically a space age looking machine that is used for all the stages of the treatment. There are a series of tips used on the skin that have different types of edges to exfoliate the skin as the wands are passed over which is what gives the facial its results such as dislodging and removing impurities while also hydrating the skin. It is almost hard to describe but it is kind of like a little sucker being passed over you skin, not sore but definitely unusual. This is a facial for those looking for improvements over a standard relaxation inducing facial however thanks to the technology used this is far less abrasive than a standard microdermabrasion treatment so it is perfect for sensitive skins.



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Using this fancy technology-the skin is cleansed and exfoliated, an acid peel is then applied that tingles but doesn't sting or leave you looking 'samantha-esque' but it gently loosens dirt from the pores. The sucking motion is then used again to clean out the pores of all this debris and finally a hydration element is added in the form of antioxidants and hyaluronic acid to nourish and protect the skin. Without a doubt at the end my skin looked fresher and brighter than it has done since the festive season began- it felt soft and smooth and just insanely clean which is exactly what you would expect with this little device working its magic. The little wands are helping with the lymphatic drainage while they do their work which also helps rid you of any nasty toxins and reduce puffiness, they then help give the skin a huge antioxidant boost that mine was most certainly needing! It is recommended as a course of treatments and the results photos from having a course of them look amazing but you can definitely see change with just one go thanks to its soothing and moisturising elements.

This is definitely a high end treatment (coming in at £125) which is why it is perfectly placed in a spa in Harvey Nichols and for those looking for a total skin boost that will have you back out on the shop floor within the hour.

You can contact the Edinburgh [Beyond Medispa](#) on 0131 524 8332

